

## THE PURSUIT OF "HACC-YNESS"

## WE'LL HAVE REFRESHMENTS & A SHORT HAPPINESS WORKSHOP ON LEARNING TO BE HAPPY

THERE ARE ALSO GAMES & PRIZES

THURSDAYS' SEPT. 12, 19 & 26 | 1-2 COOPER STUDENT CTR RM. 209 A

717-780-2498 - Counseling Dept.

Sessions: 1) The Nature of Joy & Happiness; 2) The Obstacles to Joy & Happiness & 3) Passing through Difficulties to get back to Joy & Happiness