

5 p.m.
Tuesday, January 26
<https://hacc.zoom.us/j/98479101857>

Ann Fields has her RYT-200 (Registered Yoga Teacher) and her RCYT (Registered Children's Yoga Teacher) certifications. She has a Pilates mat certification Balanced Body. She has a BFA in Ballet and is an adjunct at HACC. She is an advocate of the arts, education, yoga, and wellness. She is excited to share her passion of teaching yoga and Pilates with you!

Wellness TUESDAY

Ann Fields



For additional information contact
Lisa Cleveland at laclevel@hacc.edu



For more events visit: <https://www.hacc.edu/Calendar/>

